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# THE GRAIN MILL

## Instruction Manual



## Table of Contents

Product Overview.....	2
Operating Precautions.....	4
Cleaning and User Maintenance .....	5
Helpful Tips .....	5
Mounting Instructions .....	6
Assembly Instructions.....	7
Use Instructions .....	8
Grain Mill Troubleshooting Guide .....	9
Wheat Dough Recipe .....	10
Notes.....	11
Product Warranty .....	12

## Product Overview

Congratulations on your purchase of The Grain Mill! You will find it to be a very valuable tool to have on hand. You'll enjoy the natural, wholesome flavors of home-ground ingredients, prepared fresh and free from all the preservatives and additives contained in commercially processed foods. The Grain Mill will serve you well for years to come.

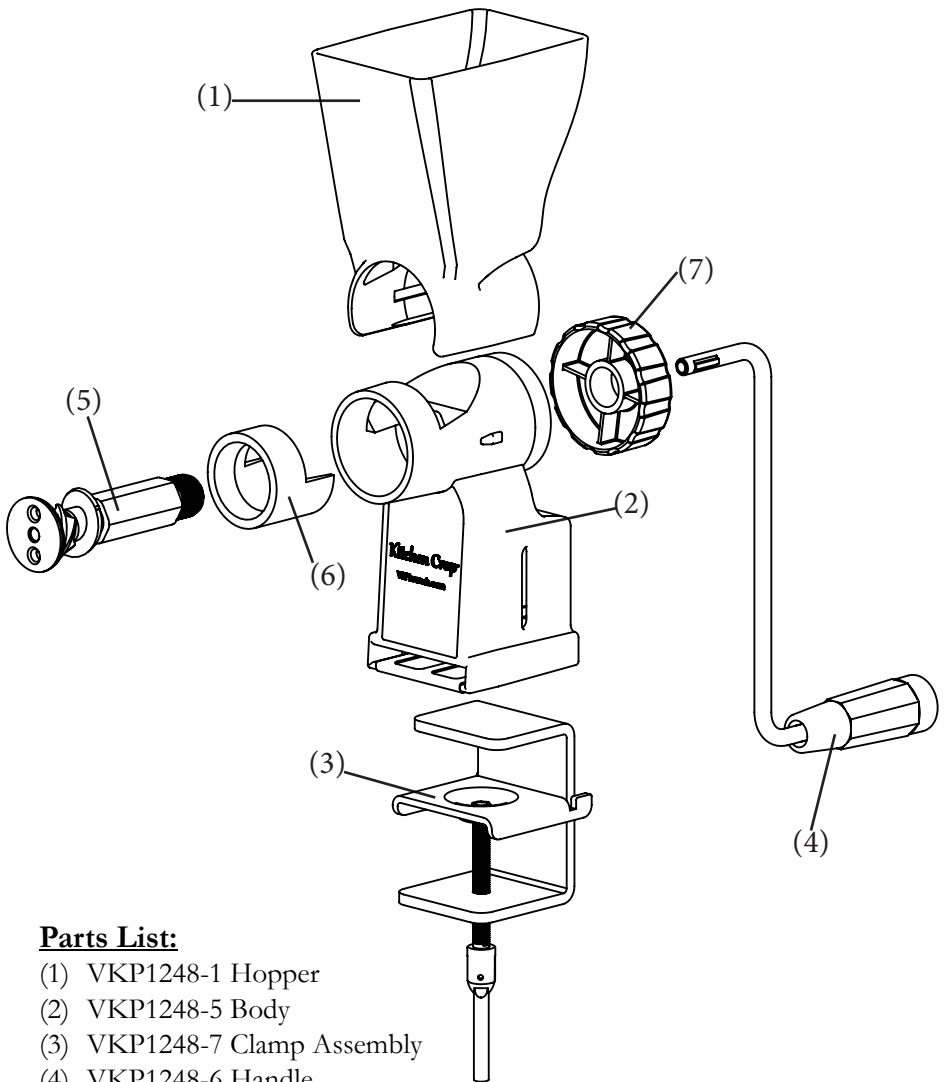
Caring well for The Grain Mill will help it last, so be sure to read through all the instructions contained in this manual before using your product for the first time.

The basic procedure is simple. Once The Grain Mill arrives, inspect it thoroughly and wipe all parts with a damp cloth. Assemble it according to the instructions, then mount it to a stable, solid work surface. Adjust the coarseness by using the adjustment knob. Last, add grain to the hopper and start the grinding process.

\*For the most up-to-date manual, or for more information regarding this product, visit our website: **VKPbrands.com**

## Parts Diagram:

Your complete grain mill includes everything shown below:



### Parts List:

- (1) VKP1248-1 Hopper
- (2) VKP1248-5 Body
- (3) VKP1248-7 Clamp Assembly
- (4) VKP1248-6 Handle
- (5) VKP1248-4 Milling Cone and Shaft Assembly
- (6) VKP1248-3 Milling Ring
- (7) VKP1248-2 Adjustment Knob

All replacement parts and optional motor are available on our website, [VKPbrands.com](http://VKPbrands.com).

**Optional Electric Motor is available at [VKPbrands.com](http://VKPbrands.com)**

## Operating Precautions

Read and follow ALL instructions and warnings before operating The Grain Mill for the first time. If certain precautions are not taken, damage to The Grain Mill and/or injury to persons could result.

- **DO NOT turn the handle of The Grain Mill if it is empty. This will damage the milling head.**
- Never put any foreign objects into the Grain Mill. Small rocks or pieces of metal could damage the milling cones.
- Do not use to grind salt, this will damage the milling teeth.
- Avoid contacting moving parts.
- Never put fingers near the milling cone shaft while the Grain Mill is being operated, as that could cause serious injury.
- **Using tools to tighten the adjustment knob will damage the Grain Mill and void the warranty. Tighten the adjustment knob only by hand.**
- Do not operate the Grain Mill without the clear plastic hopper in place.
- Never operate the Grain Mill if any parts are missing or damaged.
- Always make sure the Grain Mill is clamped securely to a sturdy surface before assembling and using.
- **Do not clean any part of the Grain Mill in a dishwasher.**
- Not intended for use by children.
- For household use only.

## Cleaning and User Maintenance

To ensure The Grain Mill works properly at all times, please follow the care and handling instructions below:

- When you receive The Grain Mill, dismantle all parts and wipe them off using a damp cloth to remove any residue from manufacturing and packaging.
- Small parts are easily lost, so be sure to handle them with care.
- After each use, The Grain Mill can be easily cleaned with a damp, soft brush or soft cloth.
- If thorough cleaning is necessary, hand wash The Grain Mill in warm water and dry all parts thoroughly before reassembly.
- **Do not leave any part of The Grain Mill soaking in water.**
- **Do not clean any part of The Grain Mill in a dishwasher.**

## Helpful Tips

1. **The first time you use The Grain Mill, be sure to dispose of the first 2-3 cups of grain which has been ground, as it may contain metal residue from the manufacturing process.**
2. We suggest always starting The Grain Mill adjusted to the finest setting. However, if you started grinding on a coarse setting and need to adjust back to fine, then turn the handle counter-clockwise for 2-3 full rotations while tightening the adjustment knob to the desired setting.
3. Grind white rice through The Grain Mill to remove any build up caused by normal use.
4. Not recommended for grinding popcorn kernels. They are very hard and it will be very difficult to crank the handle. If using the optional motor (sold separately), grinding popcorn kernels can damage the motor.



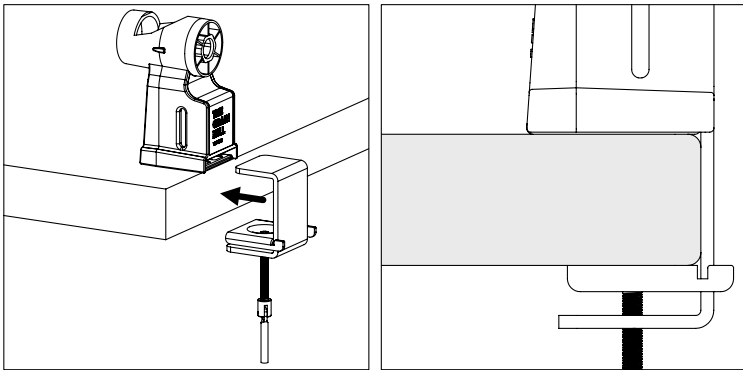
Scan to see The Grain Mill Assembly & Use Video:  
[VKPbrands.com/videos.php?v=the-grain-mill-use](http://VKPbrands.com/videos.php?v=the-grain-mill-use)

## Mounting Instructions

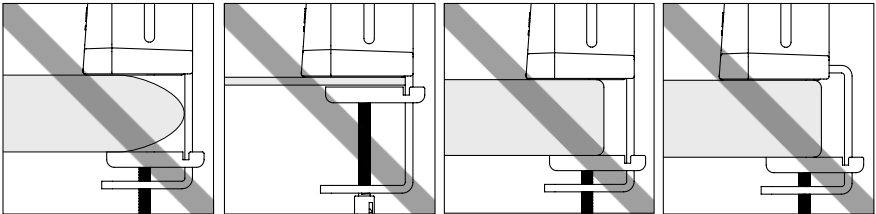
Choose a firm, sturdy surface when mounting The Grain Mill. The best surfaces are built-in counter tops and heavy tables, like a dining room table. These types of surfaces ensure The Grain Mill can remain in place while grinding.

Place The Grain Mill body on the edge of the mounting surface. Open the clamp screw as wide as it will go by turning counter-clockwise. Then push the clamp assembly forward into the slot on the mill body, so the body and clamp assembly sit flush with the edge of the surface. Twist the clamp screw clockwise until it is tight and The Grain Mill is securely in place (see mounting diagrams below).

### Correct



### Incorrect



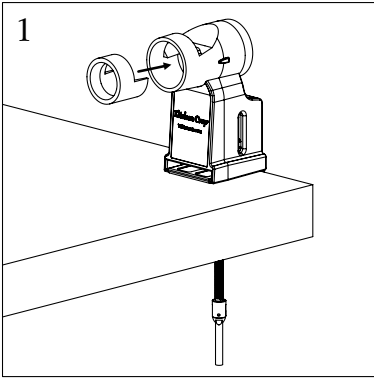
Mounting surface is too round or oddly shaped.

Mounting surface is too thin.

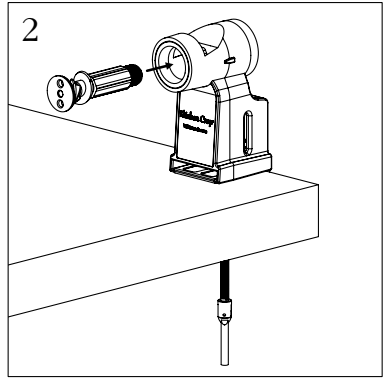
Mill body and clamp assembly are not flush with mounting surface.

Mill body is flush but clamp assembly is not pushed flush with mounting surface.

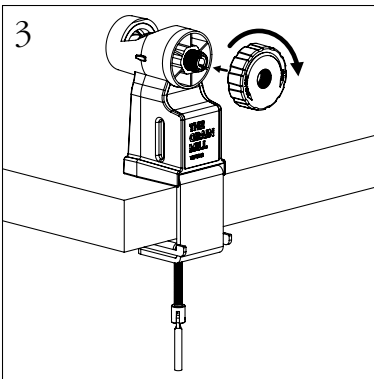
## Assembly Instructions



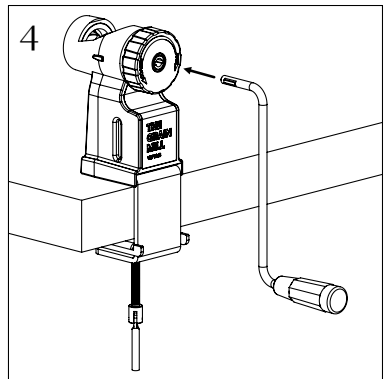
With your Grain Mill now clamped correctly to a sturdy surface, insert the milling ring through the front of The Grain Mill body.



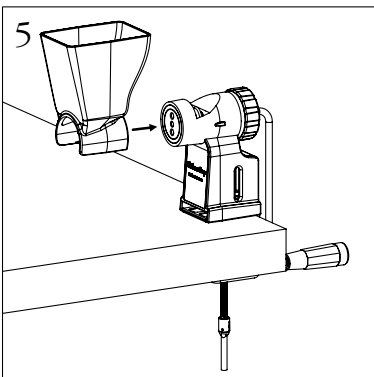
Insert the milling cone and shaft assembly through the front of The Grain Mill body.



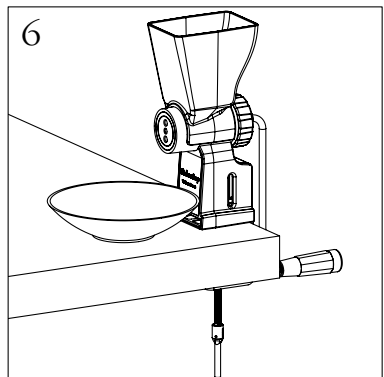
Screw the adjustment knob onto the threads on the back of the milling cone shaft assembly just until it is snug. **Do not over-tighten.**



Push the handle into the shaft on the back of The Grain Mill by lining up the tabs on the handle with the grooves in the shaft.



Place the hopper on top of The Grain Mill by sliding it from the front, making sure it is pushed all the way back.



Place a shallow bowl or pan in front of The Grain Mill, under the milling cone, before you begin the grinding process.

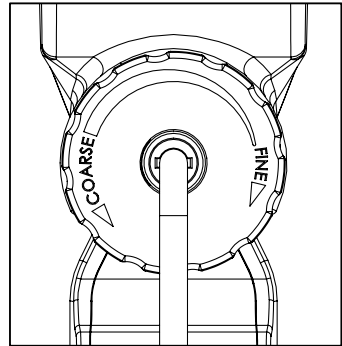
## Use Instructions

**DO NOT** turn the handle if the Grain Mill is empty. This will damage the milling head.

Now that you have assembled your Grain Mill properly, read through **ALL** of the following instructions before you start the grinding process.

The first time you use the Grain Mill be sure to dispose of the first 2-3 cups of grain which has been ground as it may contain impurities from the manufacturing process.

1. Before you put grain into the hopper, select the desired coarseness you want for your flour by turning the adjustment knob, clockwise for fine and counter-clockwise for coarse (see diagram at right).



2. **Never use tools to tighten the adjustment knob, as it will damage the mill.**
3. For best results, adjust the knob clockwise to the finest setting, just until the knob is snug, then turn the knob counter-clockwise 1/2 turn to prevent over tightening and possible damage to the milling cone. As you grind, you can adjust the knob counter-clockwise, for a coarser texture, if that is what is desired.
4. Once you have your adjustment knob set, pour grain into the hopper. The Grain Mill holds 2 cups of grain, which yield approximately 3 cups of fine flour, depending on the grain.
5. Turn the handle clockwise to begin grinding.
6. **\*TIP** - If the grain mill is grinding too coarse, you can adjust it to be finer by turning the handle counter-clockwise 2-3 full rotations while tightening the adjustment knob towards the fine setting.



Scan to see The Grain Mill Assembly & Use Video:  
[VKPbrands.com/videos.php?v=the-grain-mill-use](https://VKPbrands.com/videos.php?v=the-grain-mill-use)

Optional Electric Motor is available at [VKPbrands.com](https://VKPbrands.com)



## GRAIN MILL TROUBLESHOOTING GUIDE

PROBLEM	SOLUTION
The Grain mill rocks from side to side when the handle is cranked.	The Grain Mill is not properly mounted and clamped. See p. 6 for mounting instructions. Also, make sure the surface you are using is sturdy and immovable, such as a built-in counter top.
The grain mill only grinds coarse no matter what I do.	See p. 7 for proper assembly instructions and p. 8 for Use Instructions. Be sure to read all steps carefully. If the problem persists, contact customer service at 866-257-4741.
I am trying to grind (X) and it doesn't seem to be working.	Contact customer service at 866- 257-4741.
<b>When I turn the handle, very little or no flour comes out.</b>	Carefully follow the Use Instructions on p. 8 and make certain, after you tighten the adjustment knob, you turn it back at least 1/2 turn. An overly-tightened adjustment knob can damage the milling cone.

## Wheat Dough Recipe

½ c. Butter, melted

½ c. Sugar

2 c. Water, very warm

2 tbsp Active Dry Yeast

In a stand mixer, beat the above ingredients well. Then add:

2 c. White Wheat Flour

2 Eggs, beaten

2 tsp Salt

Once all of the ingredients are mixed together, add 3-4 more cups of regular white flour, a little at a time, checking the consistency of the dough constantly. When finished, the dough should feel very sticky. Let the dough rest for 5 minutes, then mix for 5 more minutes. Using 1 tbsp of cooking oil, coat a large bowl thoroughly. Remove dough from the stand mixer and place into the pre-greased bowl. Rub the dough around in the bowl, so the outside of the dough also becomes coated in oil. Then, cover and let rise until double in size, or until an impression remains when poked. Punch dough down and let rise another 10 minutes.

### **For Bread Loaves:**

Divide dough in half, shape, and place into two greased, 8.5" X 4.5" loaf pans. Let rise in loaf pans until double in size. Then bake in oven, at 350°F, until golden brown, or when loaves sound hollow when tapped. Remove from pan and let cool on a wire cooling rack.

### **For Basic Rolls:**

Form dough into 2-inch balls, place onto a greased baking pan and let rise for 15 minutes. Bake in oven at 350°F for 20-30 minutes, or until rolls are golden brown. Remove from oven and let cool.

### **For Cinnamon Rolls:**

Roll dough out on a floured surface, into a rectangle. Pour ½ c. butter onto dough and sprinkle with any of the following toppings: Cinnamon, sugar, brown sugar, nuts and/or raisins. Roll up the dough, starting with the short side. Once rolled, pinch the edge closed and cut into 1 ½ inch rolls. Place cut rolls onto a greased baking pan and let rise for 15 minutes. Bake in oven at 350°F for 20-30 minutes, or until rolls are golden brown. Remove from oven and glaze with the frosting of your choice.

### **For Orange Rolls:**

Roll dough out on a floured surface, into a rectangle. Pour ½ c. butter onto dough and sprinkle with any of the following toppings: orange zest and orange juice. Roll up the dough, starting with the short side. Once rolled, pinch the edge closed and cut into 1 ½ inch rolls. Place cut rolls onto a greased baking pan and let rise for 15 minutes. Bake in oven at 350°F for 20-30 minutes, or until rolls are golden brown. Remove from oven and glaze with a powdered sugar and orange juice frosting.

## Notes

## **Product Warranty**

Register your warranty online at:  
**VKPbrands.com/Warranty**

Model VKP1248 - The Grain Mill Warranty: 5 years

Designed and Assembled in the USA of Domestic and Foreign Components

We are confident in the quality of our products and back each one with a limited warranty for the length of time specified above. Should you experience any problems with your product, please contact our Customer Service Department.

All warranty claims must be accompanied by a proof of purchase and are only valid if the appliance has been operated within the U.S. or Canada and used for its intended purposes. These products are for household use only.

### **Items Not Covered:**

- Return shipping costs or returned items lost in transit.
- Damage to the product due to accident, misuse, abuse, negligence, or if the appliance has been altered in any way.
- Products used outside of the United States or Canada.

# **VKP<sup>™</sup>**

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